

# A Successful Future: The Duke of Ed



# What is The Duke of Ed Award?

- An internationally recognised program for young people aged 14-25 to realise their ambitions and change their world.
- Students will develop leadership, responsibility, friendship and resilience.
- The Duke of Ed Award now operates in **over 140 countries** around the world.



# The Four Sections

Physical Recreation

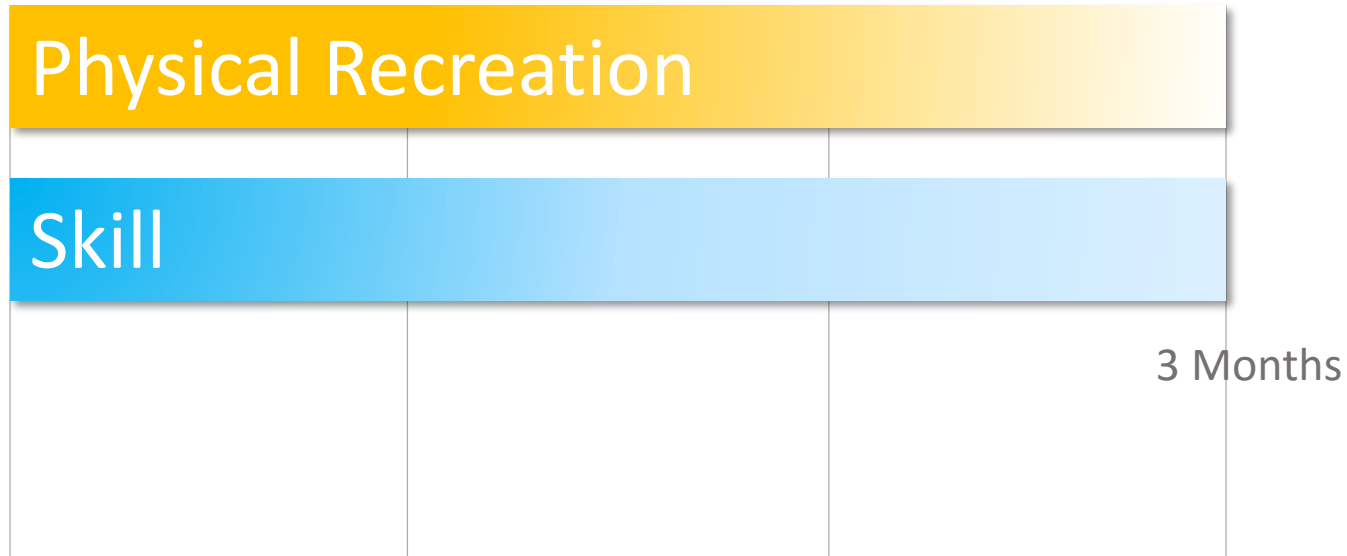
Skill

Service

Adventurous Journey

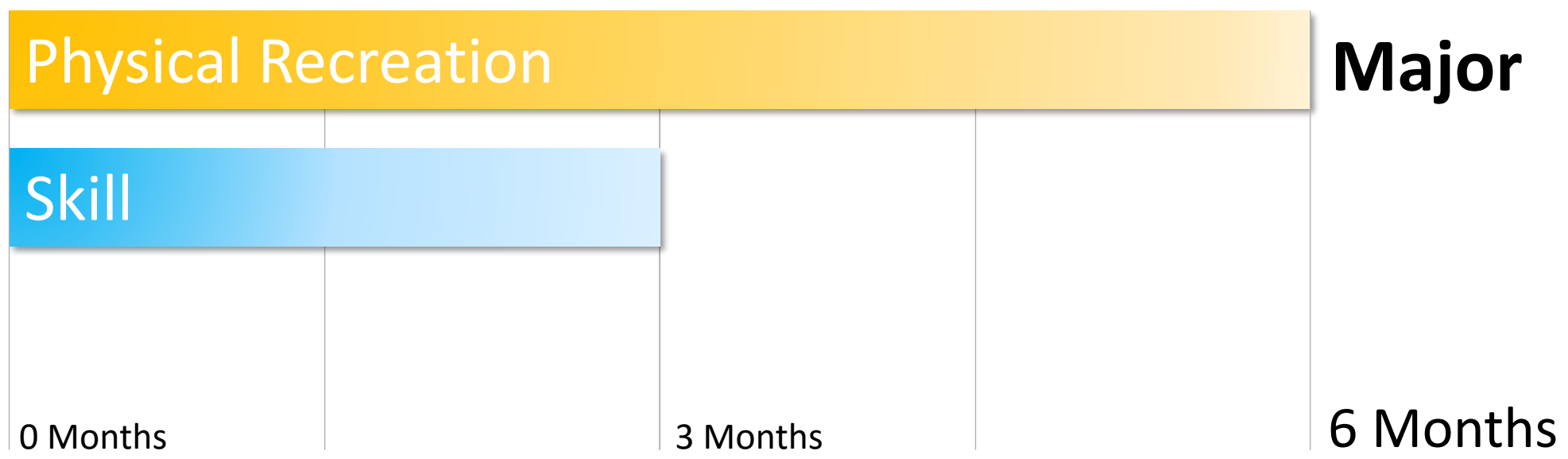


# Time Requirements: Bronze



- One hour per week

# Choosing a Major



# Physical Recreation

A physical activity that makes you sweat!

- Participate in school or community sport
- Join a dance class
- Learn a martial art
- Regularly go for a walk
- Run around the school yard at lunchtime
- Take up skipping
- Try zumba or yoga
- Swimming
- Surfing



# Skill

To keep life interesting and learn talents for the future!

- Learn a musical instrument
- Cooking
- Learn a language



# Service

- Removal/placing tree guards
- Rubbish removal
- Tree planting



# Adventurous Journey

Getting out in to the open and encouraging a spirit of adventure!

- Bushwalk
- Camping
- Students will learn the skills of:
  - Leadership
  - Navigation
  - How to read maps



# Where to from here?

- *Students must write a written application to be considered for participation. This is due to either Mr Mann or Miss Corry by 4/8 (this Friday)*
- *There are fee's involved in participation in the DOE program.*  
\$250
- *There is an outside of school commitment of minimum 2 hours per week (1 hour Physical Recreation, 1 hour Skill)*
- *There is no guarantee that students who participate in this subject will receive their bronze award.*
- *The Adventurous Journey component of the Duke of Edinburgh can be physically demanding, therefore a reasonable level of fitness is necessary to ensure both safety and enjoyment by all.*